



North Carolina 2018 Western District

Conference - Save this date!

Through the Lens of Compassion:

**Responding to Mental Health Issues in
Our Community**



Saturday, April 28, 2018; 8:30 AM – 3:30 PM

**First Baptist Church - 5 Oak Street, Asheville, NC 28801
BREAKOUT SESSIONS! DISPLAYS!**

**Keynote Speaker: Dr. Jeremy G.
Richman, Ph.D.**

**“Preventing Violence, Building
Compassion”**

Dr. Richman has extensive research experience in neuroscience. He is committed to preventing violence and building compassion through brain health research, community education, and engagement.

In this presentation we will discuss what is known in regard to risk factors for engaging in violent behavior and protective factors for building connection and compassion. As we seek to better learn the neuro-biological and environmental factors associated with violence and compassion, a deeper understanding can be established. We can apply these insights to educate citizens (students, parents, teachers, health care providers, and law enforcement officers) about how to identify the signs and symptoms of those at risk of violence to themselves or others, and most importantly, how to foster kind, healthy, and compassionate individuals and communities.

For more information about Dr. Richman’s work, go to aviellefoundation.org. Avielle, daughter of Jennifer and Jeremy Richman, was a kindergartner who was killed at Sandy Hook Elementary School in 2012. Jennifer and Jeremy started the Avielle Foundation which is dedicated to understanding the biological and environmental factors that can impact the brain and lead to violent behavior. The Richmans seek to build communities where all individuals are included, given a contributing role, and kept safe.